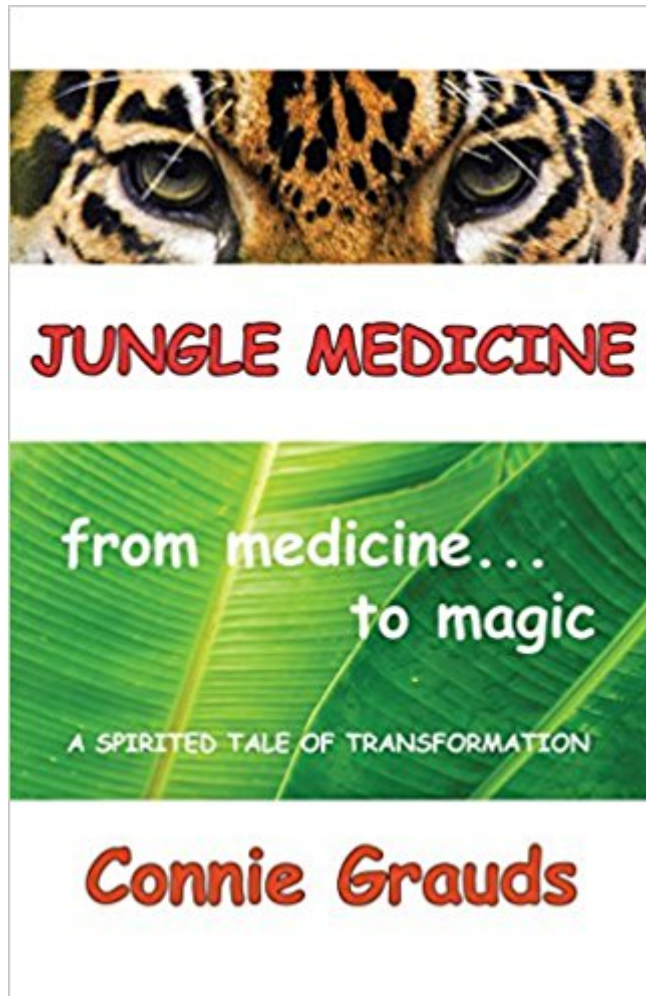




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# Jungle Medicine



## Synopsis

"Jungle Medicine" is a story of medicine and magic. The author, Connie Grauds, is a pharmacist and a shamana. She stands with her feet firmly planted in two very different worlds...the world of the rational and the world of the irrational. "Jungle Medicine" is a memoir of the author's decade of shamanic apprenticeship in the jungles of Peru. This book takes the reader on a vivid personal journey into deep jungle medicine and magic.

## Book Information

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## Customer Reviews

Grauds has dared to explore a world in which spirit and matter meld and in which genuine healing is commonplace. --Larry Dossey, MD. cover quoteAn epic of self-discovery and healing, as the author explores the luminous, magical, and mythic realms of shamanic reality. --Dennis McKenna, PhD. cover quote"Jungle Medicine" is a wonderful book, filled with true magic..a truly inspiring tale of transformation. --Ralph Metzner, PhD. cover quote

Seeking to bring the two unique worlds of medicine and spirit closer to one another, Grauds is co-founder of the Living Shaman Museum, a nonprofit with offices in San Francisco, California and Iquitos, Peru. Shamans have, in their practices and principles, always been healers of the sick and keepers of the forest. Their responsibilities are to look after the wellbeing of both Mankind and Mother Nature. The power of a shaman is known by their work in the world. To that end, as needs arise for appropriate action to assist humankind and in conscious stewardship of nature, all

shamans and supporters of shamanic principles are called to act on behalf of Mankind and Mother Nature. To fulfill that call to action, Grauds is also the co-founder of the Living Peru Project, whose nonprofit mission is to raise awareness and educate on the many gifts of the from the natural and spiritual worlds; and to empower the people of the and the world to conserve these gifts. The mighty is the greatest expression of life on Earth. As goes the , so goes the Earth. Join the Living Peru Project and become a keeper of the forest. Connie Grauds, RPh, MNPA  
<http://www.LivingPeru.org> <http://www.LivingShamanMuseum.org>

This is a great book to give to any left-brained person who might be interested in healing -- like your doctor! Often dry, occasionally repetitive, the mystery and spiritual medicine slips in nonetheless. Connie Grauds strikes me as being a very fine person and the perfect one to write a book about shamans in the -- that is, if the book is directed to the conditioned "scientific" thinker. However, for someone like me, who is comfortable in her right brain openness, the book held far too little information about actual healing and far too few healing stories. There were absolutely no personalities depicted, not even about don Antonio, her teacher. We get very little sense of the man, as we do also of her two friends, Marcie and Kay. Emotion appears hardly at all. Discretion is all very well, but it makes for a very cold read when you are striving for connection and understanding. Okay, so the book wasn't a big fat reality fairytale, and the mysticism was kept to a minimum. I still enjoyed reading it. If you have gone down that path of shamanic discovery, this book will hold little of interest to you. But if it's all new and you are fighting with your doctor about your medication, or if you have doubts about it or your physical condition, then this is the book to start with. You will trust it -- and if you give it to your healthcare professional, they will, too.

Follow a western trained pharmacist through her personal discovery that nature really is alive. Connie has a wonderful writing style that waxes poetic at times. She is able to beautifully illustrate her experiences. Her time and mystical events with the shaman Don Antonio are brilliant. A must read for anyone interested in mystical natural healing.

This was a fantastic story of a woman who learned about the spiritual side of medicine and managed to incorporate it into modern western medical practice. I expected to learn more about spiritual medicine, but instead I entered an incredible journey into the .

Its a good read for those of us who r continuing to look in these directions fo heal and save the earth

at the same time .. which at this point seems to be the same thing to me ..

I was very excited to read this book, but I found it less about the subject of healing and more about the transformative experience of the author. I had wished, especially, for some resolution around the healings of the author's two friends who endured a week of treatment in the . After their healings, they were never mentioned again. I was disappointed.

I enjoyed this book so much I did not want it to end. It spoke to me personally on many levels, encouraged me to follow my heart, listen to my inner voice & trust it.

In this classic tale of the dark night of the soul, a mainstream, mid-Western woman, trained as a pharmacist, travels to ia to further her medical education. There she meets indigenous shamans, keepers of the secrets of the medicinal plants of the rainforest, and discovers that the key to healing is more than the pharmacological properties of the plants. Profoundly stirred by the spiritual energies awakened in her by the shamans she encounters, her science background fails to explain her emotional, physical and spiritual crises, nor does it offer her total healing. Readers will relate to the author's life situations; who among us hasn't had a health challenge (in the author's case, cancer), a marriage gone awry, a job that doesn't fit, or a life that feels parched and devoid of inspiration? Not everyone will seek healing in the same way as the author, but her pursuit of clarity, purpose, and health is a universal human story, told with honesty, insight, and humor. *Jungle Medicine* isn't an academic treatise on indigenous tribes, ethnobotany, shamanism, or ayahuasca, (the spiritual plant medicine used by South American shamans), although all of those topics flow throughout the story. Instead, the author's lush, sensual descriptions of the daily life-and-death dramas of the jungle, her ability to write of plant medicine pharmacology in a way a layperson can understand, and the information she provides about the natural medicinal riches of the rainforest, (increasingly endangered due to slash-and-burn agriculture and petroleum exploration), takes the reader on an exciting, tactile journey to the heart and lungs of the planet, the ian jungle. More than a memoir of spiritual emergence and physical healing, *Jungle Medicine* is a call to action to all of us, to walk in tempo with the song of our life's purpose, to respect Nature's bounty, to make spiritual healing equally as important as our Western medical technology, and to act now to save the irreplaceable pharmacy that is the ian rainforest.

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